

**HIDDEN MANNA INSTITUTE'S
HANDBOOK**



OVERVIEW

Hidden Manna Institute can be found a half mile from the little village of Rockstone, in the interior jungle of Guyana. The institute was pioneered by the six individuals that make up the board of directors. These have worked and are still working to transform a jungle environment into a garden home and school.

OBJECTIVES

This training school has been established upon high and holy principles of education, thus providing all persons that choose to come here with an all round education. Students that complete the school's courses should be efficient in much useful employment, as well as have sound moral integrity and the ability to treat the sick. As such, missionaries produced here should be well adapted to thrive under a variety of circumstances, and in numerous places around the globe.

LOCATION

Hidden manna institute is located in Essequibo, Guyana in South America. It is 18 miles from the nearest town, Linden.

PROGRAMS OFFERED

Our lifestyle educator program (LE)- offers one intensive instruction in preventive medicine, natural remedies, gospel evangelism, agriculture, building and carpentry among other things. It is designed to give individuals a better understanding of God's method for health ministry, evangelism and various areas of useful labor. This program is for those who recognize a need to make meaningful, permanent lifestyle changes for personal benefit, as well as to maximize their effectiveness as gospel workers, reaching their neighbors, friends and family. During this **six month program**, practical experience is gained in different lines as students work in teams to present health talks, conduct cooking schools and demonstrate natural treatments. Bible work in the community also gives students an opportunity to learn foundational principles in evangelism. Not to mention all of the building opportunities as well as the hands on experience of producing food.

Evangelism-Learn how to present the gospel from the pulpit as well as door to door. Learn the methods that Christ used when He walked the earth to reach both high and low classes with the gospel. Begin an education in gospel ministry.

Christian Finance - Poor financial management is one of the plagues of the modern world. During this course you will learn the principles of good stewardship, how to get out of debt, and many other important financial topics.

Christian Standards in: Courtship, Dress, Music – In these classes we will examine what the Word of God reveals regarding relationships, dress, music, etc. and how these things have changed throughout the ages in Christendom.

Prophecy and Biblical History - Do you enjoy learning about Bible Prophecy? This is an in-depth look at the books of the bible, especially Daniel and Revelation. This will enable you to pull back the curtain at events happening right now in relation to Christ's soon coming, thus increasing your faith.

Disease Related Anatomy & Physiology with Physiologic Treatment – Discover how disease alters normal physiology, how physiology plays a role in reversing disease, and natural treatments to assist nature's recuperative efforts.

Nutrition- The purpose of this course is to increase your understanding of how the things we put in our mouths affect our bodies and minds. A part of this course includes food preparation and culinary demonstrations.

Fundamentals of Agriculture – Our Agricultural program is designed to prepare individuals with a wide range of gardening and farming skills to successfully plant, nurture, and harvest a wide variety of healthful and nourishing fruits, herbs, vegetables and grains.

Hydrotherapy – Water, wisely applied can be an amazing help in the treatment of disease and disability. This course is designed to give a fundamental knowledge of the science behind hydrotherapy with a focus upon hands-on training in giving simple to complex water treatments.

Massage-Learn how to relieve pain, improve circulation and treat disease by manipulating the body with your hands . This course shows that without a doubt a missionary always has a medicine bag even if he has just his hands.

Fundamentals of Language and Mathematics- Here you will gain principles in these two subject areas that are necessary for advancement in any line.

Midwifery-Are you interested in babies and being able to deliver them. This course offers you an exciting experience in understanding fetal inception, development, and delivery into the world.

Herbology-This course is designed to show that the leaves, roots, seeds etc. of plants have vital elements which can be used extensively in the treatment of disease.

Music- Are you interested in wonderful music, here you will learn how to read the music sheet, and how to improve your voice in singing, you may also be able to learn an instrument. (Emphasis on Christian music)

Portuguese- Don't you want to learn another language? You will be taught to speak another tongue with which you can be able to communicate the gospel even better.

Principles of True Education- This course helps to bring clarity on what God would like His children to achieve in this world.

Principles of self supporting work-Do you want to learn how you can be self supporting, well this is the aim of this course, it will help you to learn to master circumstances.

Land clearance- You will be here be able to acquire skills of how to turn various environments into habitable, beautiful places.

Log Building-This unique course is designed to make you efficient in building structures out of whole logs.

Fundamentals of Building – Do you ever want to own a home? This course will enable you to have a better idea of how to build your own, and how to install plumbing, do tiling etc.

Worship occurs from 6:30-7:00, those students on kitchen duty will be required to go into the kitchen from 5:45. Classes commence at 8:15 to 12:40, after which there is lunch. From 2:45 to 5:45 students will be involved in active labor in agriculture, land clearance, building etc.

The 6 month course will end in a three week mission trip to some destination agreed upon by staff and students where students will demonstrate the skills acquired during the LE course

Further studies

After the 6 month course one can pursue studies for the next year in either of the following areas:

Evangelism and Biblical Studies

Medical Missionary Lifestyle Educator Course

Building and Carpentry

Agriculture and Farming

Food and Nutrition

Tuition Costs

Lifestyle Educator Program

Duration: 6 months Cost (includes Room and Board):
\$G20,000 or \$US100 monthly

Entire Cost-120,000

A 2 month advance is required before beginning the program

Evangelism and Biblical Studies

Medical Missionary Lifestyle Counselor Course

Agriculture

Building and Carpentry

Food and Nutrition

Duration: 12 months Cost(includes room and board)
\$G20,000 or \$US100 monthly

Entire Cost-240,000

A 3 month advance is required before beginning the program

Policies of Work and Life at Hidden Manna Institute

Cafeteria Facilities

1.The institute does not cater for special diets, unless by permission of the board. All meals provided here are completely vegetarian.

2.Breakfast time is at approximately 7:00 to 8:00 am; lunch time is approximately 1:00 to 2:00 pm. No snacks are provided from the kitchen. A very light dinner is served at 6:30 if necessary.

3.Diet provided here is limited. We cannot guarantee many nuts and seeds etc. If special nuts, grains, seeds and dried foods are required, please note you must provide such for your self.

4. No animal products of any kind are permitted on the premises No cheese, eggs, fish, milk etc.

5. The kitchens' provisions are off limits to ALL except staff. However all students will be required to assist in varying duties in the kitchen.

Cosmetics Policy

Our personal appearance gives decided messages to others. In order to show the beauty with which God has created us and to avoid an appearance of worldliness and drawing undue attention to one's external features, cosmetics are not permitted. Jewelry of any kind is not permitted. Male and female haircuts should be neat and appropriate for their gender, without faddish styles. Hair is to be left its natural color. Weaving, hair pieces and other types of false hair are not permitted. For further reading upon this subject, please refer to the book *Creeping Compromise* by Joe Crews .As well as HL p 189 -191,Ev 269,3SM 246-248,1 Timothy 2:9, Isaiah3:16-24

Religious Services

There are church services on Sabbath morning and afternoon, as well as Sunday, Wednesday, and Friday evening services. All are expected to attend except on Sundays if late work makes this impossible.

Socializing

“While at school, students should not allow their minds to become confused by thoughts of courtship. They are there to gain a fitness to work for God, and this thought is ever to be uppermost. Let all students take as broad a view as possible of their obligations to God. Let them study earnestly how they can do practical work for the Master during their student life ...

“In all our dealings with students, age and character must be taken into account. We cannot treat the young and the old just alike. There are circumstances under which men and women of sound experience and good standing may be granted some privileges not given to the younger students. The age, the conditions, and the turn of mind must be taken into consideration. We must be wisely considerate in all our work. But we must not lessen our firmness and vigilance in dealing with students of all ages, nor our strictness in forbidding the unprofitable and unwise association of young and immature students.

“In our schools in Battle Creek, Healdsburg, and Cooranbong, I have borne a straight testimony concerning these matters. There were those who thought the restraint too severe; but we told them plainly what could be and what could not be, showing them that our schools are established at great expense for a definite purpose, and that all which would hinder the accomplishment of this purpose must be put away.

“Again and again I stood before the students in the Avondale School with messages from the Lord regarding the deleterious influence of free and easy association between young men and young women. I told them that if they did not keep themselves to themselves, and endeavor to make the most of their time, the school would not benefit them, and those who were paying their expenses would be disappointed. I told them that if they were determined to have their own will and their own way, it would be better for them to return to their homes and to the guardianship of their parents. This they could do at any time if they decided not to stand under the yoke of obedience, for we did not design to have a few leading spirits in wrongdoing demoralizing the other students.”
Counsels to Parents, Teachers, and Students, p. 100–102.

Group interactions between men and women provide opportunities for us to grow in social graces, and to prepare us to choose a life partner if God so wills. However because we realize that one on one relationships are very distracting to the learning experience. Courtship between individuals is not allowed except by very special permission of the board. Special friendships between two individuals (male and female), where they are often seen pairing up will be strongly discouraged.

Mixed groups leaving campus must have prior permission from a staff member. Mixed groups may require a chaperon.

Mixed student pairs are not to be alone together after dark, on or off campus.

All students are to be in their respective sleeping areas by 8:00 pm on school nights, Exceptions require prior approval by the resident dean. If a student encounters unforeseen problems that would keep him/her out later than 8:00 pm the resident dean should be called.

Student fellowship is provided in group settings under the guidance of the college faculty. Communication between men and women of an emotionally focused, romantic, or personal nature via the internet, e-mail, telephone, letters, or other media is not permitted between students, or between students and non-students not of the same family.

Group outings should be planned in consultation with the resident deans.

Dress Policy

Hidden manna ministry believes that our choice of dress, should inspire others with confidence in your maturity, professionalism, personal responsibility, and depth and breadth of commitment to Christ. Current clothing trends reflect the growing casual, loose morals in society.

Exercise or recreational wear and underwear-type garments and fabric are now being used for dress and professional settings. Because our clothes affect our thoughts and actions, and because casual clothing often decreases propriety between men and women, we uphold the following standards of dress. As a general principle, clothing must have identifiable feminine or masculine characteristics, or must be complemented by items of clothing which do have identifiable feminine or masculine characteristics. The Lord has given specific instruction to maintain a difference between male and female dress (Deuteronomy 22:5). For this reason, we request our young ladies not to wear pants or follow unisex fashion trends. For more study in this area, please

refer to the book *Creeping Compromise* by Joe Crews. See also *Testimonies for the Church*, vol. 4, p. 634; *Testimonies for the Church*, vol. 1, p. 6, 132, 459.

General Attire

A. All skirts and pants must:

1. Be well below the knee, including when standing, walking or sitting.
2. Be full enough to allow a complete stride.
3. Not accentuate the prominent features of the body.

B. Wrap skirts and skirts with button closures must be securely fastened well below the knee.

C. Skirts with back, front, or side slits/vents may not be worn unless the slit/vent is well below the knee on standing, walking and sitting.

D. Trouser skirts that imitate the cut and features of menswear are not acceptable.

E. Blouses, tops, or sweaters and shirts for both genders should cover undergarments, including straps and vests; should keep you modest when bending over; and should cover your midriff when you raise your arms. Blouses should not be of a see-through

material, but should be of heavy enough material to be modest. In addition, ladies' shirt sleeves should be fitted and no shorter than the upper middle arms so that arms can be raised without exposing undergarments or armpits. All blouses and shirts must have sleeves. Blouses and shirts should entirely cover the top portions of the cleft of the breast.

F. Pants for men should not have holes or cuts according to the fashions of these times, neither are the gun mouth styles acceptable.

G. Coarse or suggestive writing or images is not permitted on clothing

H. During classes young men and women are expected to dress professionally as fits a classroom setting. Three quarter pants, tee shirts, flip flops and the like are not acceptable for classes.

For further reading on the subject of dress, please see the following Spirit of Prophecy statements: *Testimonies for the Church*, vol. 1, p. 131-137, 162, 188, 189, 274-279, 420-422, 424-426, 456, 466, and 521-525;

Testimonies for the Church, vol. 2, p. 66, 243, 298, 530-533; *Testimonies for the Church*, vol. 3, p. 74, 171, 366, 367, 370, 374-380, 564, 565; *Testimonies for the Church*, vol. 4, p. 142, 143, 628-648; *Testimonies for the Church*, vol. 5, p. 130, 131; *Testimonies for the Church*, vol. 6, p. 96, 170, 355; *Testimonies to Ministers*, p. 130, 131, 179, 18; *People*, p. 346-360.

Music Policy

Music should bring glory to God while ennobling and uplifting the singer and listeners to Christ. It is a powerful tool to spread the gospel, and is very much an act of worship. Music should have a proper balance of rhythm, harmony and melody. It should shun theatrics and display. Music should appeal to the intellect as well as to the emotions. Great care should be exercised to avoid mixing worldly values and styles into music and thus failing to express the high ideals of the Christian faith. These principles serve as guidelines in the choice and use of music for the varied needs of Hidden Manna Institute. Certain musical forms such as jazz, rock, R&B, reggae and their related hybrid forms are incompatible with these principles. For further study, AH 407, 510-1-517, Ed 167, Ev 496-512

Harmful substances

Students will refrain from the possession, use, or distribution of any narcotic or dangerous drug (as defined by applicable law) except as prescribed by a licensed medical practitioner. The use of tobacco, alcohol, mind-altering drugs or other harmful substances such as butane, glue, rubber cement, etcetera, by students on- or off-campus (including vacation periods) will subject the student to disciplinary action, suspension, or dismissal.

Explosives or weapons

Firearms, fireworks, or weapons of any kind are not allowed on campus.

Chastity

Christian students will follow God's counsel and abstain from all sexual relations outside of marriage. This also means that students will not view pornographic literature, films, electronic media or engage in masturbation or any other form of sexual perversion.

Living Arrangements

The institute is still in building, as such living quarters will be cramped. Living with others in such close proximity requires a great deal of communication, understanding and patience. It is expected that students will respect the belongings of others. Coarse or vulgar language will not be permitted, neither will insulting or other derogatory remarks as is sometimes seen in foolish jesting. Deans hold periodic "family meetings" to assign various cleaning duties and discuss ways to make life more enjoyable. Some of our basic living guidelines include:

Haircuts, Mending, Ironing, etc.

Students are to find assistance from a student of the same gender or a faculty member for haircuts, mending, ironing, cooking, auto maintenance, typing, etc.

Curfew

Adequate rest is essential to the maintenance of physical, social, and spiritual health. Late night study and/or socializing is not beneficial. Prayer and bible study should be an exception to the rule. For this reason, the school requires students to be in their respective places of abode by 8:00 pm and lights out by 9:30 pm. If you find that you will not be in the dormitory by 8:00 pm you are expected to contact the dean to explain your situation. Please keep these to a minimum.

Food

No food is allowed in student dormitories, as it tends to attract various unwanted pests. Refrigerators and cooking implements are also not allowed.

Laundry The students are each asked to bring their own detergent and other necessities for washing their clothes.

Toiletries

Toothpaste, soap and tissue will not be provided by the school. All necessary toiletries must be provided by oneself.

Honesty Christian students should not be found cheating, plagiarizing or knowingly giving false information.

Important Information

HMMI does not have internet access on its grounds and such must be accessed in the nearest town, approximately 40 minutes away from the grounds.

There is no cell phone signal in our location, as such phone must be accessed either before morning worship or after work at the pay phone that serves the entire community.

A free day is given during the week in which to do personal things such as; accessing internet, washing clothing, shopping etc. Your transportation into town for such activities must be provided by yourself.

Ministry vehicles are not for the use of students unless by special exception. Ministry bicycles however may be

used with care. There should be no towing of the opposite gender.

If overseas students are desirous of staying overnight in town, one must seek room and board at one's expense.

No picking of fruits or vegetables on the Sabbath is permitted. Neither is cooking, ironing, shining of shoes, or shaving proper activities for God's holy day.

The campus of the institute and all assets on such must be respected and cared for. In keeping with this there should be no littering.

Televisions, video games or stereo sets are not allowed on campus. No secular music is allowed here, and music should be played for your personal benefit via headphones, at a level of sound that does not disturb others.

All students of HMI will take full responsibility for all social media activities and will maintain a proper reserve.

Attendance and Absences

All classes must be attended promptly.

If you miss a meeting due to sickness or some other cause, please notify your teacher. Absences will be excused at the discretion of your teacher, or member of the board.

If there is a need of an absence for some days due to a sick family member or some other unforeseen occurrence, one must gain proper permission from those in charge.

Whole or partial weekend leave will require permission.

Discipline

Teachers and board members reserve the right to speak with you often on any deficiency or moral lack that they have discerned in a respectful way.

If a student appears to be moving away from the goals and principles of Hidden Manna Institute, an effort will be made to restore the student to a spirit of willing and intelligent harmony. This discipline process begins with personal consultation and prayer. Should this seem inadequate to accomplish needed change, the school may restrict the student's privileges, or even suspend him/her from the school for a time. In rare cases, where a student is unresponsive to counsel or discipline, or his influence appears detrimental to other students, the school assumes the right to dismiss the student.

Holidays

The following holidays are given:

New Year's Day

Easter Monday

August 1st

Caricom Day

Christmas

Boxing Day

Local Weather

Hidden Manna Institute is located in the rain forest, as such we have a lot of rain. The weather varies through rain and sun. Nights tend to be colder. Usually temperatures are about 32C in the day and 23C in the night

What to bring;

- | | | | |
|---|----------------------|--------------------------|----------------|
| ▲ | Umbrella | waste basket | clothes hanger |
| ▲ | Long boots | work clothes | bicycle |
| ▲ | Flashlight | clock | buckets |
| ▲ | Solar lamp | extra sheet | towels |
| ▲ | Mosquito nets | pillows and pillow cases | rain gear |
| ▲ | Portable DVD players | insect repellent | |



Phone Numbers-683-2955, 626-6100, 617-5500, 615-6589

Website-hiddenmannainc.org

Email Address-hiddenmannaministriesinc@yahoo.com

Postal Address –P.O. box 10311,Georgetown Guyana.