

Jungle Sanctuary

CREATION SPEAKS OF A CREATOR

The unwearied sun from day to day
Does His Creator's power display.
And publishes to every land
The work of an Almighty hand.



January 11, 2011

FOUR OBJECTIONS TO CHEESE

1. The putrefactive process results in the production of amines, ammonia, irritating fatty acids- all of which irritate the nerves and the gastrointestinal tract.
2. Migraine headaches can be caused by tyramine, one of the toxic amines produced when making cheese.
3. Certain of the amines present can interact with nitrates present in the stomach to form nitrosamine, a cancer-producing agent.
4. Rennet used in curdling milk for cheese is obtained from the whole stomach lining of calves, kids and pigs.

Can you hear it?

Hear the sounds of this choir? I wish you could. Not the music of altos, sopranos and such like, but of birds, bees, frogs, winds and others- Nature's choir performs each day under the grand canopy of the boundless heavens under the direction of a master conductor- Christ the Lord. I've grown quite accustomed to the music of this jungle sanctuary during the past year. Music that carries on its wings the still small voice of the Spirit. Rockstone is indeed being transformed not only into our sanctuary, but a place for others to find peace and direction as well. What has happened since the last newsletter? Read on and explore the developments in this present day city of refuge in the making.

Church building progress

Well we almost have a church building- it is not quite finished, but how wonderful it was to be somewhere where it is not raining on you. We used the building for old year's night sunset and communion service.





Our first patient

God's law is written by His own finger upon every nerve, every muscle, and every faculty, which has been entrusted to man.

Who would have thought it? A patient while we are yet in our tents. But sure enough someone did come. It was a relative of ours who was suffering from many complaints and had tried several doctors. Among the issues were fibroids, kidney stones and other private complications. What caused her to be desperate enough to put up with the discomforts of tent life, while in a great deal of pain? She had been suffering great dizziness and fainting spells. For two weeks

we treated her with diet, exercise, sunshine, water, herbs, salt glows, charcoal packs and even a hot tent bath. I believe that last treatment mentioned is a new invention. Using the heat of the sun on a tent in the middle of the day, with a few hot fomentations to the spine and feet, with the patient's head outside the tent is a serious heating treatment- it worked well. After the two-week period she lost about two inches off her waist, was feeling better than she had felt in months

and was pain free. Of course lifestyle centers like the one we are planning to put up here gives one a beginning, it is only as one continues with God's health program at home that the healing begun is completed. I am glad to report that the patient is trying to continue what she has learnt. Hopefully many others can have those kinds of beginnings here in a proper lifestyle center building and not in a tent.

Word from the preacher: God's will for the New Year

It is one year closer to the coming of Jesus (2 Peter 3:8, Psalms 90:4, Romans 9:28), and a short work will the Lord do. Knowing the time, let us awake out of slumber and work the works of Christ, for every man that hath this hope in him purifieth himself even as he is pure (1 John 3:3). Let us be found in the love of God. The very image of God is to be produced in humanity; this is what Christianity is all about. The honour of God, the honour of Christ is involved in the perfection of character of His people. Let us therefore sound the cry, not by might, nor by power, but by the Spirit of the Lord. Let us arise and prepare the way of the Lord, as the Lord allows us but a few more days. "The same law that was engraved upon the tables of stone is written by the Holy Spirit upon the tables of the heart. Instead of going about to establish our own righteousness we accept the righteousness of Christ. His blood atones for our sins. His obedience is accepted for us. Then the heart renewed by the Holy Spirit will bring forth the fruits of the Spirit. Through the grace of Christ we shall live in obedience to the law of God written upon our hearts. Having the spirit of Christ we shall walk as he walked." PP, p 372



Church building progress con't



Oh how truly wonderful to partake of the Lord Jesus and wash the brethren's feet. Communion was a new idea to many that came. The first proper church structure of any denomination in this community. Praise God! This year one of the common law couples that come are planning to get married- of course in the new finished building. We are praying for them and the many others who come and are struggling with many different issues, that prevent them from surrendering their lives to God.

Hopefully God can use this building to help transform the lives of the community and there can be one day a strong living temple as well.



Vacation Bible School was held again in Rockstone after many years. The children enjoyed it very much as well as the adults. We did crafts such as sewing and peas decorations. Some children came who don't normally attend to Sabbath school.

Hopefully the house will be finished by April. Our time, efforts and means were mostly directed towards putting up the church building, thus the incompleteness of the mission house. We have a few more boards to put up, the tiling, septic tank and a few other things to finish it. Then we go on to try to put up even more buildings- we need two dormitories for the school, the lifestyle center building and of course staff housing. If you were in my tent while I was writing this you would have just heard me sigh. Pray the Lord that He sends converted people into this vineyard- for the labourers truly are few. Nevertheless a few turned the world upside down in the days of the apostles. And the Lord will finish this gospel by many or by few. Praise God.





Youth Conference

We held a booth at the annual GYC in Guyana, encouraging young people to pledge to choose better lifestyle habits for Jesus. Three youths that come to church in Rockstone attended the conference with us. It was their first time going to any such meeting in their lives and proved a blessing for them. We invited persons to volunteer with our mission project; two youth, a brother and sister came for two weeks, and

Under His wings

God's protection for us in this place never fails to bring forth praise from my lips. An example of this- while walking to the outhouse in the night to urinate, I heard a hissssss, and I jumped. The angels had to help me move in the right direction because when I looked back and shined my torch light-there was a two foot snake ready to strike, he had been just inches from me. He slithered away into the jungle, and I thanked



Buzzz-what's up with the bees?

We have collected about 6 gallons of honey from the bees at different occasions thus far. And each time someone got stung. The bees seem to be doing well. We got a new hive that we went to collect on a farm from out of an old charred log. It was a good experience, and required long patience to find the queen.

Beekeeping is fun, and honey is such a sweet reward. Hopefully our bees will produce well, and we shall have success. Right now though it is the rainy season in Guyana, and the bees

don't do much pollen collecting and honey making, as they can't fly in the rain. Nevertheless may God grant us success in this age-old occupation but with these much more aggressive Africanized bees.



This is a favorite food in Guyana, and is enjoyed by everyone. What you will need for this dish are:

3 c brown rice

8 c coconut milk

1 tsp salt or more to taste

1 c black-eye peas & 1 c split peas

20 leaves of basil or 3 tbs dried basil

1 sprig of thyme

2 onions & 1 bulb of garlic

1 c of chopped calaloo

1 c of chopped pumpkin

6 tbs tomato paste or 6 diced tomatoes

1 tsp coriander

Blend all the seasonings; add this to the coconut milk in a large pot, pressure with the black-eye peas until peas are tender. Then add split peas, rice, calaloo, and pumpkin. . Cook without the pressure for 30- 45 minutes until rice is done. Continue to add coconut milk as food cooks, if needed, so that rice and peas can be cooked properly. Cook-up has many variations; one can use chickpeas, other vegetables like okra etc. Enjoy.

Fruit tree growth update

The fruit trees that we have planted so far are for the most part doing well, except for caterpillars, fungus and a natural source of nitrogen.

Organic farming which what we have been doing here, teaches many lessons. There is nothing like garden work to help develop Character.

We have managed to keep the macusi ants that damaged our citrus trees earlier from doing any further trouble by blowing up their nests with gasoline. We had to declare war and go in with firepower. Life I this place is never boring. God is gracious.

Our neighbours



What we need

issue, date



One Cat 953 Crawler Dozer

Portable saw mill- Timberking 2000

Low Bed- 20", 18-20 Ton

Portable cement mixer

Diesel portable Wood Chipper 8" plus diameter feed

One sander

A variety of tools- forks, spades, hammers, chisels etc.

Alternative electrical supplies, like solar panels

Sanitarium equip. such as tubs, toilet seats, sinks etc.

One outboard engine

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